

A graphic design on a dark blue background. It features a glowing, purple and white DNA double helix structure. To the left of the DNA is a glowing galaxy or nebula. The text 'MATRIX reIMPRINTING' is written in a stylized, white, sans-serif font, with 'MATRIX' in all caps and 'reIMPRINTING' in a mix of caps and lowercase. Below this, the text 'using Emotional Freedom Techniques' is written in a smaller, white, sans-serif font.

MATRIX
reIMPRINTING
using Emotional Freedom Techniques



What Matrix Reimprinting is

Matrix Reimprinting is a collection of new cutting-edge techniques created by **EFT Master Karl Dawson**. It combines EFT with understandings from epigenetic and quantum science, to create rapid personal change. It is noted for its ability to quickly transform your relationship to your past, creating shifts in your emotional and physical well-being in the present.



What Matrix Reimprinting is

Matrix Reimprinting is based on the understanding that when we experience a trauma, part of us splits off and goes into the *holographic matrix*--the energetic field that underlies all of existence. These dissociated parts become *Energy Consciousness Holograms*, or *ECHOs*



What Matrix Reimprinting is



The Matrix Reimprinting techniques build upon and also advance classic EFT techniques, allowing you to interact with these ECHOs trapped in past situations. Thus helping to create new and supportive pictures and 'memories' in the Matrix.

What Matrix Reimprinting is

Matrix Reimprinting is particularly effective, even when working with clients who:

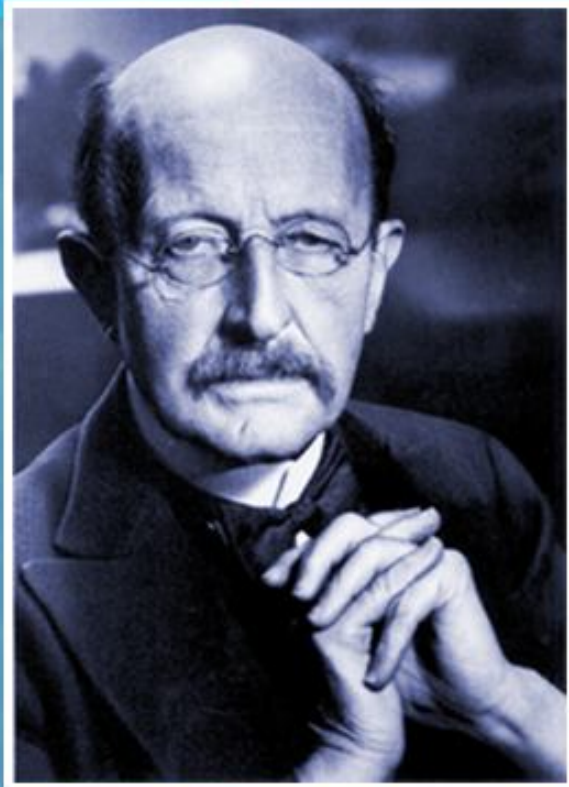
- have dissociated from their original trauma
- have internal resistance
- have lots of psychological reversals
- have chronic un-healing issues
- have any severe trauma or pain issue
- It is also a helpful technique for many other issues

What Matrix Reimprinting is

Matrix Reimprinting has many benefits that increase EFT's effectiveness and allows wonderful work to be done, even in previously difficult client situations. Just some of the benefits include:

- Quickly, easily and gently letting go of trauma
- Learning and gaining wisdom from previously traumatic events
- Unearth, understand and overcome reversals and secondary gains
- Help find preconscious (first 6 years of life) memories and core issues
- Easily help clients reframe past traumatic events and beliefs
- Give new resources to the clients
- Help attain permanent forgiveness (when appropriate) for perpetrators and/or self
- Move safely past the traumatic events and send a signal to the body that the trauma is resolved, allowing healing to take place
- Literally rewrites the past
- Works incredibly powerfully with the law of attraction by changing the images in the Matrix – the language of our subconscious

Introducing the Matrix

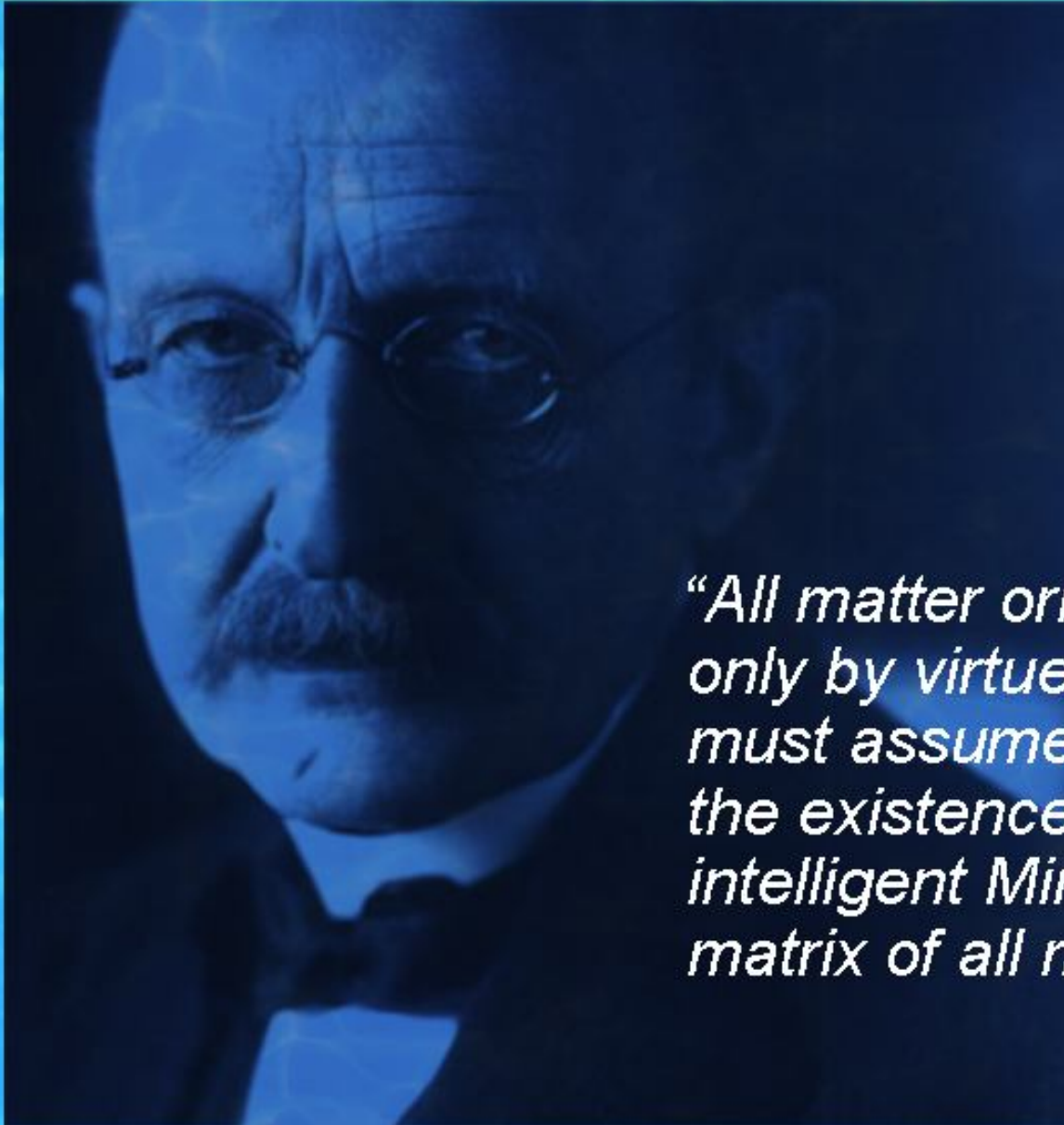


In 1944, Max Planck, the man many consider to be the father of quantum theory, shocked the world by saying there is a '**matrix**' of energy that provides the blueprint for our physical world.

In this place of pure energy everything begins, from the birth of stars and DNA to our deepest relationships, peace between nations to our personal healing.

The implications of Planck's discovery were enormous.

Introducing the Matrix



“All matter originates and exists only by virtue of a force... we must assume behind this force the existence of a conscious and intelligent Mind. This Mind is the matrix of all matter.”

-Max Planck

Introducing the Matrix

The astonishing discoveries of quantum physics were, in fact, scientific corroboration of the ancient perception of a universal energy field that underlies all creation.

In the 1950s Russian scientist, Nicolai Kozyrev, conclusively proved the existence of this life-giving subspace energy.

Western scientists are adopting this notion, using such phrases as “zero point energy” and “vacuum potential”

This breakthrough research in the physics of subspace establishes that energy permeates the entire multidimensional galaxy, and not only is responsive to but may actually be consciousness creatively experiencing itself in time.

Introducing the Matrix

MATRIX
reIMPRINTING
Using Emotional Freedom Techniques



“We are enfolded in the universe.”

David Bohm

The Quantum Laws of Nature

- There is a field of energy that connects everything
- This field plays the role of container and mirror for our beliefs
- The field is holographic; every part is connected to every other
- Ultimately, our survival as a species may be directly linked to our understanding of the unified quantum field view

Gregg Braden



Information in the Matrix

'Cells don't have the consciousness to hold memory, but the cell wall has antennae that tune into the 'self' in the Matrix.'

'Dr Bruce Lipton'

Eventually cells and DNA will adapt and change to misperceptions of these often unconscious images in the Matrix. We label these changes as physical and mental dis-ease.



How we become traumatised

For trauma to occur, all we need is a situation where we feel powerless and there is a threat to survival.

We can't fight, we can't take flight, we feel isolated, there is no way out.

We simply freezeand the ECHO is created.

How we become traumatised

Trauma is therefore relative to age and our ability to deal with the specific situation.

For an adult it may take a major event like a car crash, physical or sexual abuse etc.

To a young child, being told by a parent they are bad or stupid or ugly or lazy and any of a million other words and actions has the potential to traumatise.



Trauma and ECHO creation

As trauma occurs, consciousness freezes and part of our self splits off energetically. Simultaneously, the fight or flight mechanism kicks in - protecting us biochemically from emotional and physical overwhelm.



Trauma and ECHO creation

This
Energetic
Consciousness
Hologram, or
ECHO,
splits off and is
held in the Matrix
and contains all the
information of the
traumatic event



Trauma and ECHO creation

*The **ECHO** creates the effect of amnesia. The event is numbed out from consciousness as if it never happened. But it lives on in the images of our subconscious and dictates our response to future situations*



On a cellular level these pictures are real life memories happening **NOW**

Trauma and ECHO creation

The **ECHO** lives on in the Matrix

It's one of nature's amazing programs, it both helps us deal with the trauma at the time the event occurred and subconsciously warns us to avoid similar events in the future.



*As long as trauma is held by the **ECHO**, similar events will trigger a similar response.*

The problem with ECHOs

Problems occur with **ECHOs** when the subconscious response to a situation is inappropriate to the perceived threat and is no longer valid.

In these circumstances we suffer stress, anxiety, phobias, etc, which affect our interactions in everyday life and eventually take their toll on the body.

It takes lots of energy to hold all this information in the Matrix, especially with people with lots of trauma who get triggered often by everyday life.



The Matrix holds our ECHOs

So Remember!!

Memories are only memories to the conscious mind. To the unconscious mind they are current events.

The replacement of these pictures creates a permanent healing effect.

Matrix Reimprinting involves dialoguing with ECHOs back at the time of the trauma. When we release the energy, resource the ECHO and move safely through the memory, the subconscious can let go of the trauma and feel safe.

Matrix Reimprinting offers a safe, gentle and highly effective way to do this.

What are your specific "current events" that are keeping you from healing and happiness?



Matrix Reimprinting

The **Matrix** is another name for what quantum physicists call the Quantum Field, which others have called the Field, the Mind of God, Nature's Mind, the Divine Matrix, etc.

Imprinting refers to the system by which humans take on the characteristics of their parents by observation and imitation. Most negative self and world views are developed in utero, at birth and the first six years of life, often through traumatic experience.

Matrix Reimprinting focuses on important life-altering and traumatic events which create ECHOs. It utilises and builds upon the EFT techniques such as the EFT sequence, the Movie Technique, Chasing the Pain, etc.

It's simple, elegant and profoundly effective.

Hearing the ECHOs of your life



ECHOs are energetic realities existing locally in the Matrix, with *real personalities of their own*.

ECHOs hold the trauma. They, in fact, are the real clients in a session

ECHOs are locked in space and time. It doesn't matter how long ago the traumatic event took place, be it a day or 90 years later

Working with ECHOs



Emotionally and energetically, **ECHOs** are just as real as our physical bodies, just without molecular mass. We work with **ECHOs** by stepping into the picture at the time of the traumatic memory.

We then imagine tapping on and dialoguing with the **ECHO**, remembering to take into account the **ECHO's** age and frame of mind.

Working with ECHOs

Please be aware of the following information



- A basic understanding of EFT is critical in the use of Matrix Reimprinting
- The following slides are the basic steps in Matrix Reimprinting. Whilst very easy (and with these steps alone you will be amazed at what you can achieve), it is just the beginning.
- For a full understanding please work with a professional Matrix Reimprinting practitioner, watch the DVDs or attend a Matrix Reimprinting practitioner course
For information:
www.eftrainingcourses.net
- Finally, please use common sense and **do not** work with people with serious physical or psychological illness unless very experienced in Matrix Reimprinting

Working with ECHOs

The Basic steps of Matrix Reimprinting



- Get the client to focus on a traumatic memory
- Ask your client if it's OK to tap on them and tell your client to close their eyes; then begin tapping on them using the EFT sequence
- Ask your client if they can see the younger version of themselves, and instruct them to describe the image they see
- This younger version of themselves is the **ECHO**

Working with ECHOs



- Ask the client to imagine stepping into that picture (making sure they do not become associated with their **ECHOs**. If so, instruct them to step out of the **ECHO** so they can see them)
- Ask your client to explain to their **ECHO** that they have come back to help them deal with the situation they are facing
- Explain to your client that they are going to tap on the **ECHO**, then get permission from the **ECHO** to do so

Working with ECHOs



- Ask the **ECHO** what they are feeling and where they are feeling it in their body (not what the client is feeling as this is often different!). Then use this as a set-up statement
- Instruct your client to imagine tapping on their **ECHO** in the scene
- Encourage your client to converse with their **ECHO**, asking the **ECHO** what negative life messages they took on from the situation e.g. they are unlovable, stupid, rejected, etc
- Allow them time to complete this

Working with ECHOs



- When the **ECHO** has released the negative energy of the trauma encourage your client to ask their **ECHO** if there is anything they would like to do to resolve this situation. They can:
 - Bring in new resources
 - Change what happened
 - Invite somebody or something else in for help and guidance
 - Do what they didn't do or they wished they'd done in that situation
- This is usually done in silence. Give them time to complete this

Working with ECHOs



- Invite your client back to the present and encourage them to open their eyes in their own time
- Ask your client to try to replay the original movie - if there is any intensity remaining go back to the **ECHO** and see what else needs to be done and carry on working with the **ECHO**
- The original movie will change on resolution, the trauma will be resolved and the client will be left with a much more resourceful memory - creating a powerful new subconscious perception in the Matrix

Trauma resolution

The goal of Matrix Reimprinting is to release trauma and change our un-resourceful habitual beliefs and patterns that are held in our local fields by **ECHOs** and morphic fields - by working directly with the **ECHOs**

By changing our information in the Matrix, and replacing it with more empowering images, beliefs and resources, we will vastly improve every area of our lives.

Becoming a Matrix Reimprinting Practitioner

Based on a simple but profoundly intuitive idea, Matrix Reimprinting is fast becoming one of the most dynamic, rapid and effective therapies of the 21st century. This therapy can be learned by anyone in just two days (or five days with no previous EFT experience) and, as you will see below, can be used with just about any issue

- **Matrix Image Reimprinting** (for transforming a single image)
- **Matrix Memory Reimprinting** (for transforming a specific memory)
- **Matrix Core-Belief Reimprinting** (for transforming negative core-beliefs)
- **Matrix Law of Attraction Reimprinting** (for transforming your point of attraction)
- **Matrix Relationship Reimprinting** (for resolving relationship challenges)

Becoming a Matrix Reimprinting Practitioner

- Matrix Resolution Reimprinting (for resolving negative past relationship events)
- Matrix Habit Reimprinting (for transforming addictive behaviours)
- Matrix Trauma Resolution (for transforming severe trauma and PTSD)
- Matrix Phobia Reimprinting (for transforming phobias)
- Matrix Allergy Reimprinting (for transforming allergies)
- Matrix Future-Self Reimprinting (for learning from your future-self)
- Matrix Past Life Reimprinting (for transforming past life memories)
- Matrix Birth Reimprinting (for transforming memories in *utero*)
- Matrix Preconscious Reimprinting (for transforming preconscious memories)

- Learn all these Matrix Reimprinting techniques, *plus much more*

For more information about Matrix Reimprinting courses worldwide, the Matrix Reimprinting book (release date October 2009), Matrix Reimprinting DVDs or the newsletter please visit Karl's website

www.efttrainingcourses.net

In summary ...

Negative beliefs manifest from events in our past and are held in our local fields as images (ECHOS). To the subconscious, ECHOs are real life memories happening now

The disruption of the body's energy system can be traced back to these disruptive holographic images held in the Matrix

We attract events and experiences that match these images (the Law of Attraction)

These holographic memories about the perceived environment eventually change our hormonal, chemical and cellular response, even down to our DNA

Our past, current and future pictures are influencing our life, including our physical, emotional and spiritual wellbeing

If we change these images, we change the past and the old beliefs change - this allows us to adjust to a more resourceful view of the world. The stress then goes away and the immune system can heal dis-ease

When you heal these wrong beliefs, you will also heal the blocks to success, prosperity, relationships and happiness

Matrix Reimprinting is an invaluable tool to facilitate this

What they're saying about MR



The course was brilliant. It is the logical way to go with Gary's Craig's work. Perhaps the most compelling thing for me is that individuals once introduced properly to Matrix are given **not only** a life saving tool for self healing but **also** to manifest their **desired** life. I understand now the full meaning behind the title

Paul Cowburn



Wow!! what a fantastic two days, Matrix work is something that really suits me as I love the creative side, I must say I have a wonderful feeling of achievement. The energy in that room was also huge.

Sharon King



Hi Karl, thank you for an amazing weekend - I can really see how this technique is going to improve both my life and also the lives of all of my clients... Can't wait to get started. It really is truly amazing and simple, but you already know that don't you!!

Anita Young

Thanks for another inspiring and incredibly well presented training. I loved it.

Carey Mann

I'm still reeling at the enormity of Matrix. This will assist in the healing of the human condition and can change mankind's struggle with itself.

Sue Parker

What they're saying about MR



Many thanks for the Matrix Reimprinting course. I have already started using matrix work with powerful results.

Dr Rangana



Just wanted to say thanks for a great weekend of learning and friendship. Thoroughly enjoyed it, it's really brought EFT back to life for me and I shall enjoy using all that I've learned with my clients.

Belinda

Just a short message with a HUGE thank you for the Matrix Course at the weekend. Really enjoyed it and learnt so much in such a short time. - you put things across so well and it's an such amazing technique! Had a great time and met some wonderful people too, so once again THANKS

Anne Newby

Thank you for such a fantastic weekend of Matrix Reimprinting. I really enjoyed the renewed positive energy.

Jayne

Just wanted to say a big thank you for such a wonderful 2 days Matrix workshop. I enjoyed every minute of it! Your presentation skills are excellent!

Heather

What they're saying about MR

I just want to thank you and your marvellous team so very, very much for what I could describe as the best course I have done to date. I loved the content, delivery, the shifts in beliefs and the healings that I saw and experienced, a true privilege. I definitely chose the best tutor.

Ivana

Thanks for an amazing Matrix course at Studley last month. Just to let you know am having some great results with this..... so much better than straight EFT.

Ted Wilmont

I'm writing to convey my immense gratitude to you for your EFT level 1&2 and Matrix Reimprinting courses I attended last week. My own personal experience has been nothing short of a profound shift in my perception of life. I was utterly astounded by the speed with which you were able to collapse very severe and deep-seated traumas that had hampered me for the majority of my life. Your professionalism, delivery, along with the course contents, ensured the five days were informative and extremely effective for all who attended.

Jennifer



A final thought ...

*“It’s never too late to
have a happy
childhood.”*

